

Dream list

Name _____ Started on _____

One dream per area. Only the dream line is required: fill the rest in on later passes.

Travel and places

Why it matters to me _____ When ☐ This year ☐ 1-3 years ☐ Someday
Smallest first step _____ Done on _____

Skills and learning

Why it matters to me _____ When ☐ This year ☐ 1-3 years ☐ Someday
Smallest first step _____ Done on _____

Health and body

Why it matters to me _____ When ☐ This year ☐ 1-3 years ☐ Someday
Smallest first step _____ Done on _____

Work and career

Why it matters to me _____ When ☐ This year ☐ 1-3 years ☐ Someday
Smallest first step _____ Done on _____

Money and home

Why it matters to me _____ When ☐ This year ☐ 1-3 years ☐ Someday
Smallest first step _____ Done on _____

People and relationships

Why it matters to me _____ When ☐ This year ☐ 1-3 years ☐ Someday
Smallest first step _____ Done on _____

Creative and fun

Why it matters to me _____ When ☐ This year ☐ 1-3 years ☐ Someday
Smallest first step _____ Done on _____

Giving back

Why it matters to me _____ When ☐ This year ☐ 1-3 years ☐ Someday
Smallest first step _____ Done on _____